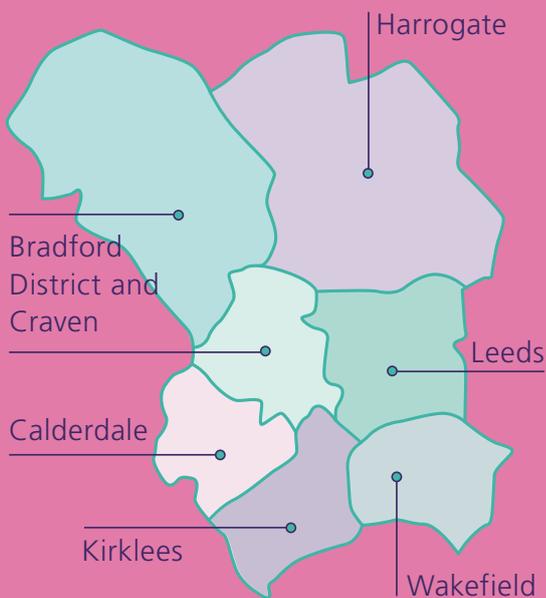


Telling our Partnership story



Proud to be the West Yorkshire and Harrogate Health and Care Partnership

Committed to improving the health and wellbeing of people living in:



- > Working to improve people's health with and for them
- > Improving people's experience of healthcare
- > Making every penny in the pound count
- > Working to keep people well and make life better for 2.6 million people living in West Yorkshire and Harrogate.



Healthy Hearts

Our ambition

We want to reduce the impact of heart disease and diabetes; and prevent the number of heart-related illness, including heart attacks, every year across West Yorkshire and Harrogate. The number of people who could be supported is very powerful; for example targeting people most at risk and making sure they have the best medication.



What we are doing

We want to share the excellent work taking place in Bradford and other areas so we can help more people. For example we want to reduce the number of people experiencing heart disease by 10% across our area by 2021. This would mean 1,100 fewer heart incidents by 2021.

What next?

Bradford's Healthy Hearts was established in 2013 to tackle heart disease and stroke across the area. It has helped to reduce hospital admissions by 10%, the prevention of 74 strokes and 137 heart attacks. It has won a range of national awards. We will be rolling out this important work across the rest of West Yorkshire and Harrogate.



Fred was fitted with a pacemaker in 2000, and had a further operation to replace it in 2010. He takes various drugs, including warfarin and beta blockers, to help manage his ill health. Fred was allocated a heart nurse which he has found to be a great help. His wife Julie said: 'On one occasion he was suffering from palpitations which he didn't often get. We were able to ring the heart nurse and ask her any questions we had, which was a great support'. The presence of a heart nurse in the background has been very reassuring for both Fred and his wife. He has also taken advantage of the Healthy Hearts campaign by having a medicines review at his local GP practice.

**please note names have been changed.*



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A partnership made up of the NHS, local councils, care providers, Healthwatch, community and carers organisations.

September 2018

West Yorkshire and Harrogate
Health and Care Partnership

